



The Anglican Parish of
Saint Barnabas

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We warmly welcome all visitors this morning. If you are new to St. Barnabas or would like to participate more fully, please complete the yellow form on the back of the pews and put it on the collection plate.

ELEVENTH SUNDAY AFTER PENTECOST

August 16, 2009

8:30 a.m. Holy Eucharist

Book of Common Prayer pg. 67

Collect, Epistle and Gospel (*the readings are printed below*)

***Following the worship please join us for refreshments
in the Lower Hall.***

**The altar flowers are in loving memory of
Elizabeth Clipsham**

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**10:15 a.m. Holy Eucharist**

Liturgy from *The Book of Common Prayer pg. 67*

Hymns from Common Praise.

Those who eat my flesh and drink my blood abide in  
me and I in them, says the Lord.

*John 6:56*

**Processional Hymn No. 381**

"Praise My Soul"

(Praise, My Soul)

**The Collect:** pg. 67

**The Summary of the Law:** pg. 69

**The Collect of the Day:** Almighty God, you have broken the tyranny of sin and sent into our hearts the Spirit of your Son. Give us grace to dedicate our freedom to your service, that all people may know the glorious liberty of the children of God; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

**Proclamation of the Word:**

**1<sup>st</sup> Reading:** 1 Kings 2:10-12, 3:3-14 *Purdy Mackenzie*

<sup>10</sup>Then David slept with his ancestors, and was buried in the city of David. <sup>11</sup>The time that David reigned over Israel was forty years; he reigned seven years in Hebron, and thirty-three years in Jerusalem. <sup>12</sup>So Solomon sat on the throne of his father David; and his kingdom was firmly established. <sup>3</sup>Solomon loved the LORD, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. <sup>4</sup>The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt offerings on that altar. <sup>5</sup>At Gibeon the LORD appeared to Solomon in a dream by night; and God said, "Ask what I should give you." <sup>6</sup>And Solomon said, "You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart toward you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today. <sup>7</sup>And now, O

LORD my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. <sup>8</sup>And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. <sup>9</sup>Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?" <sup>10</sup>It pleased the Lord that Solomon had asked this. <sup>11</sup>God said to him, "Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, <sup>12</sup>I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. <sup>13</sup>I give you also what you have not asked, both riches and honor all your life; no other king shall compare with you. <sup>14</sup>If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life."

Reader: Hear what the spirit is saying to the Church.

**People: Thanks be to God**

**Psalm 111** Praise the LORD! I will give thanks to the LORD with my whole heart, in the company of the upright, in the congregation. <sup>2</sup>Great are the works of the LORD, studied by all who delight in them. <sup>3</sup>Full of honor and majesty is his work, and his righteousness endures forever. <sup>4</sup>He has gained renown by his wonderful deeds; the LORD is gracious and merciful. <sup>5</sup>He provides food for those who fear him; he is ever mindful of his covenant. <sup>6</sup>He has shown his people the power of his works, in giving them the heritage of the nations. <sup>7</sup>The works of his hands are faithful and just; all his precepts are trustworthy. <sup>8</sup>They are established forever and ever, to be performed with faithfulness and uprightness. <sup>9</sup>

He sent redemption to his people; he has commanded his covenant forever. Holy and awesome is his name. <sup>10</sup>The fear of the LORD is the beginning of wisdom; all those who practice it have a good understanding. His praise endures forever.

*2<sup>nd</sup> Reading: Ephesians 5:15-20* *John Myles*

<sup>15</sup> Be careful then how you live, not as unwise people but as wise, <sup>16</sup> making the most of the time, because the days are evil. <sup>17</sup> So do not be foolish, but understand what the will of the Lord is. <sup>18</sup> Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>19</sup> as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, <sup>20</sup> giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ. Reader: Hear what the spirit is saying to the Church.

**People: Thanks be to God**

**Gradual Hymn No. 375**

"At the Name of Jesus" (King's Weston)

*Gospel: John 6:51-58* <sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh." <sup>52</sup> The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" <sup>53</sup> So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup> Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; <sup>55</sup> for my flesh is true food and my blood is true drink. <sup>56</sup> Those who eat my flesh and drink my blood abide in me, and I live in them. <sup>57</sup> Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup> This is the bread that came down from heaven, not like that which your

ancestors ate, and they died. But the one who eats this bread will live forever."

**Nicene Creed:** pg. 71

**Homily:** The Rev. Dr. Roy Darcus

**Offertory Hymn No. 312**

"Sing a New Song unto the Lord" (Sing a New Song)

**The Prayers of the People:** pg 75

**Intercessions: *Let us Pray For Christ's Holy Catholic Church:***

In our Diocesan Prayer Calendar we pray for the parish of St. Stephen, Calgary and The Rev. Brian Pearson and The Rev. Cathy Fulton

***We pray for our companion Diocese of the Windward Isles:***

St. Paul, Calliaqua with St. John, Belair and The Ven. Sylvanus Regisford

***We Pray for those in need of God's Healing Gifts:*** Doris Ford, The Rev. Mervin Wolfleg, The Rev. Canon John Flagler, The Rev. Roger Kett, The Rev. Dr. Norman Knowles, Chyrine (COR-REEN) Thompson, Donald Sawatsky, Elizabeth Hardcastle, Elizabeth Finlayson, Margaret Baird, Willy, Darrell, Jim Watts, Eddie & Joan Norris, John Mallinson, Larry Hewitt, Russell des Cognets, Jean Spencer, Cathy King, Daphne Bennett, Reta Lee, Benjamin, Claire Flynn, Gwen Coupland, Karen K., Cathie Morris, Linda Stevenson, Karen Norton, Win Saunders, Lisa Allison, Kay Robertson, Danping Lee, Howard Patterson, Carl & Donna McAllister, Fay Milne, Neil McKenzie, Edith Martel, The Rev. Robert Greene, Michele Mallinson, Esther Burgess, Walter Partridge, Lyn Innes, Violet Smith, and Fred Belcourt

**Confession and Absolution:** pg 77

**Thanksgiving and Consecration:** pg. 78

**Prayer After Communion:** pg. 85

**Gloria in Excelsis:** pg. 86

**The Blessing**

**Announcements**

**Recessional Hymn No. 393**

“Immortal, Invisible, God Only Wise”

(St. Denio)

**Liturgical Ministers**

**Presiding:** The Rev. Jagdutt Singh

**Organist:** Margaret Kosa  
St. Barnabas Choir

**Sunday School Coord.:** Alethea Power

**Lay Assistant:** Suzanne Roberts

**Readers:** Purdy Mackenzie & John Myles

**Crucifer & Server:** Suzanne Roberts & Brenda Watts

**Sidespeople:** Ron Butler’s Team

**Altar Guild:** Joan Wilson, Marjorie Norris, and Jan Beattie

**UPCOMING AT ST. BARNABAS**

Sunday, Aug 23 Eucharist: 8:30 am – Eucharist 10:15 am

**Readings:** 1 Kings 8 22-30, 41-43,  
Psalm 84, Ephesians 6:10-20, John 6:56-69

**Readers:** Dianne & Andrew Dickinson

**ANNOUNCEMENTS**

**EXCERPT FROM A LETTER FROM THE BISHOP DEREK B. HOSKIN  
RE: H1N1 PRECAUTIONS (full letter can be read in the library):**

*“Loving your Neighbour as you love yourself: Responding to H1N1”*

When the Synod of the Province of Rupert’s Land met in Calgary in June a Motion was passed expressing concern for the communities affected by the current flu pandemic. I am sure that you are aware of this concern and are remembering our brothers and sisters in Christ in the Prayers of the People each time you gather to express your love for the Lord our God.

However I am writing to you at this time to bring to your attention steps which you can take to physically protect yourself and all who come to our church buildings for worship and fellowship. To undertake these simple acts will be an expression of your love for your neighbour even as you love yourself.

1. Hand-washing: There should be signage with clear instructions in church washrooms and kitchens instructing people to wash their hands with soap and hot water. Kitchen users should develop the habit of first washing their hands before they begin handling food and beverage. Altar Guild members should wash their hands before they begin the work of preparing the altar. Is there soap, water, and paper towels available in these areas in the church building?

2. Hand-cleanser: Our churches and halls are open to the Public. Making an antiseptic hand-sanitizer available at the entrances to the building, washrooms, meeting rooms with a Sign asking people to make use of it is a positive preventive act.

3. Distributing Holy Communion: Everyone who will be touching the bread and wine in the preparation of the altar during the service and in the distribution of the consecrated elements should use a hand-sanitizer immediately prior to assisting with the preparation and distribution.

4. Receiving Holy Communion: It is recommended that hand-sanitizer be available for people to use as they come forward to receive Holy Communion.

**Intinction (dipping the bread into the chalice) is not to be practiced.** In concert with other dioceses intinction is no longer an acceptable practice in the Diocese of Calgary since it is a significant health hazard. Research, though limited, has indicated the use of the common cup generally poses less risk of transferring bacteria than the practice of intinction.

If a person is concerned about receiving the common cup they are to be assured that communion in one kind, receiving the bread only, is an acceptable tradition within the Anglican Church. They could be instructed to simply touch the base of the chalice as the words of administration are said.

The use of a silver chalice, wine with an alcohol content of at least 12% or higher, and a clean purificator provide some protection to the less virulent bacteria that are constantly with us; however, H1N1 is an uncommon strain and therefore extra precautions must be taken.

God be with you,

+Derek  
The Rt. Rev. Derek Hoskin  
Bishop of Calgary

**ATTENTION ALL JUNIOR/SENIOR HIGH YOUTH:** Youth Group Summer Activities!! The Youth Group will be getting together for fun and fellowship a few times over the summer, following the 10:15 service. We encourage you to bring a friend! The schedule is as follows: **August 16th** - Life's a Zoo. Join us for a trip to the Calgary Zoo. See the wonders of God's creation. Cost: \$5

**August 30th** - Mall Scavenger Hunt. Crazy photos, and a quest!! Cost: \$3 (you'll see why!!)

For planning and transportation purposes, please RSVP to Alethea by the Thursday before the event. Email: aletheap@gmail.com  
Phone: 403-383-2885

**CANADIAN TIRE MONEY:** A reminder that we are still collecting Canadian Tire money for the Calgary Pregnancy Care Centre. A collection box is in the Narthex or you can drop off at the church office through the week. The Pregnancy Care Centre is very grateful for these donations.

**CALGARY PREGNANCY CARE CENTRE BABY BOTTLE CAMPAIGN:** We will be collecting "spare change" through the summer for the Pregnancy Care Centre. Please pick up a baby bottle in the Narthex. Take it home and fill it with your "spare change" over the summer. We'll collect the bottles at the end of August and donate the money raised to the Pregnancy Care Centre. Thank you for your support.

**"IT'S MORE THAN MEMORY LOSS":** Is someone you know affected by Alzheimer's disease or a related dementia? Attend this FREE INFORMATION FORUM to learn more about the resources available, what you can do now, and what you need to do next. **DATE:** Saturday, September 12, 2009  
**TIME:** 10:00 am – noon  
**PLACE:** Hillhurst Sunnyside Community Assoc. 1320 5 Avenue NW  
Call 403-290-0110 for more information.