



The Anglican Parish of  
**Saint Barnabas**

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*We warmly welcome all visitors this morning. If you are new to St. Barnabas or would like to participate more fully, please complete the yellow form on the back of the pews and put it on the collection plate.*

**THE FIFTH SUNDAY AFTER EPIPHANY**

February 8, 2009

**8:30 a.m. Holy Eucharist**

*Book of Common Prayer, p. 67*

Collect, Epistle and Gospel *(the readings are printed in the bulletin)*

Presiding:	The Rev. Jagdutt Singh
Lay Assistant:	Jacqueline Heaton
Sidesman:	Gabrielle Kelter

**The Altar Flowers are given in loving memory of Mary and Ernest Kraft Sr.**

*Following the worship please join us for refreshments in the Lower Hall.*

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**10:15 a.m. Holy Eucharist**

***Book of Alternative Services Supplement (grey book);***  
**the hymns are from *Common Praise***

**Processional Hymn No. 528**

“O God, Our Help in Ages Past”

(St. Anne)

Children’s Time

**Hymn**

**I’ve Got a Voice**

**Verse 1**

I’ve got a voice to sing out loud,  
 I’ve got a voice to praise our God.  
 I’ve got a voice to sing out loud,  
 I’ve got a voice for praising.

**Verse 2**

I’ve got a hand to help someone,  
 I’ve got a hand to praise our God.  
 I’ve got a hand to help someone,  
 I’ve got a hand for praising.

**Verse 3**

I've got a heart to share God's love,  
 I've got a heart to praise our God.  
 I've got a heart to share God's love,  
 I've got a heart for praising.

**Verse 4**

La la la la la la.  
 La la la la la la.  
 La la la la la la.  
 La la la la la la.

**Verse 5**

I've got a voice to sing out loud,  
 I've got a hand to help someone.  
 I've got a heart to share God's love,  
 I've got a voice for praising.

*(Children leave for Sunday School)*

Greeting and Prayer p. 7

Gloria p. 8

**Collect for the Day:** Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

*All sit for the ...*

First Reading: **Isaiah 40:21-31** <sup>21</sup> Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? <sup>22</sup> It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; <sup>23</sup> who brings princes to naught, and makes the rulers of the earth as nothing. <sup>24</sup> Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. <sup>25</sup> To whom then will you compare me, or who is my equal? says the Holy One. <sup>26</sup> Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. <sup>27</sup> Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? <sup>28</sup> Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. <sup>29</sup> He gives power to the faint, and strengthens the powerless. <sup>30</sup> Even youths will faint and be weary, and the young will fall exhausted; <sup>31</sup> but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

*At the conclusion of the passage, the reader says,*  
Hear what the Spirit is saying to the Church.

**People Thanks be to God.**

*(A moment of silence is taken to reflect on God's Word)*

**Psalm No. 147:1-12, 21c** *(said responsively by the verse)* Praise the LORD! How good it is to sing praises to our God; for he is gracious, and a song of praise is fitting. <sup>2</sup> **The LORD builds up Jerusalem; he gathers the outcasts of Israel.** <sup>3</sup> He heals the broken-hearted, and binds up their wounds. <sup>4</sup> **He determines the number of the stars; he gives to all of them their names.** <sup>5</sup> Great is our Lord, and abundant in power; his understanding is beyond measure. <sup>6</sup> **The LORD lifts up the downtrodden; he casts the wicked to the ground.** <sup>7</sup> Sing to the LORD with thanksgiving; make melody to our God on the lyre. <sup>8</sup> **He covers the heavens with clouds, prepares rain for the earth, makes grass grow on the hills.** <sup>9</sup> He gives to the animals their food, and to the young ravens when they cry. <sup>10</sup> **His delight is not in the strength of the horse, nor his pleasure in the speed of a runner;** <sup>11</sup> but the LORD takes pleasure in those who fear him, in those who hope in his steadfast love. <sup>12</sup> **Praise the LORD, O Jerusalem! Praise your God, O Zion! Praise the LORD!**

Second Reading: **1 Corinthians 9:16-23** <sup>16</sup> If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! <sup>17</sup> For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. <sup>18</sup> What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. <sup>19</sup> For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. <sup>20</sup> To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. <sup>21</sup> To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. <sup>22</sup> To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. <sup>23</sup> I do it all for the sake of the gospel, so that I may share in its blessings.

*At the conclusion of the passage, the reader says,*  
Hear what the Spirit is saying to the Church.

**People Thanks be to God.**

*(silence)*

*All stand for the ...*

**No. 620**

“How Sweet the Name of Jesus Sounds”

(St. Peter)

*Remain standing for the **Holy Gospel.***

*Reader*                    The Lord be with you.

**People**                    **And also with you.**

*Reader*                    The Holy Gospel of our Lord Jesus Christ according to Mark.

**Mark 1:29-39** <sup>29</sup> As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. <sup>30</sup> Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. <sup>31</sup> He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. <sup>32</sup> That evening, at sundown, they brought to him all who were sick or possessed with demons. <sup>33</sup> And the whole city was gathered around the door. <sup>34</sup> And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. <sup>35</sup> In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. <sup>36</sup> And Simon and his companions hunted for him. <sup>37</sup> When they found him, they said to him, "Everyone is searching for you." <sup>38</sup> He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." <sup>39</sup> And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

*At the conclusion of the Gospel, the reader says,*

The Gospel of Christ                    *(silence)*

Homily                    The Rev. Jagdutt Singh

*All stand for the...*

The Nicene Creed                    p. 10

The Prayers of the People                    p. 41

Confession and Absolution                    p. 13

**Offertory Hymn No. 434**

"The Love of Jesus Calls Us"

(Aurelia)

Prayer Over the Gifts

God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour.

**THE GREAT THANKSGIVING** p.15

The Lord's Prayer No. 2 p. 23

The Breaking of the Bread No. 1 p. 24

**The Communion**

**Communion Hymns:**

**No. 75** "With the Body That Was Broken" (Panis Vitae)

**No. 293** "Your Hands, O Lord, in Days of Old" (St. Michael's)

**No. 450** "You Call Us, Lord, to Be" (Rhosymedre)

**Choir Anthem:** "We Are Yours, Lord" Price/Besig

Prayer After Communion

Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord.

Doxology p. 26

**Recessional Hymn No. 306**

"O for a Thousand Tongues to Sing" (Richmond)

Dismissal

*Presider*  
**People**

Let us bless the Lord  
**Thanks be to God**

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*Following the worship please join us for lunch in the Lower Hall.*

## Liturgical Ministers

<b>Presiding Organist</b>	The Rev. Jagdutt Singh Margaret Kosa St. Barnabas Choir
<b>Sunday School Coord.</b>	Alethea Power
<b>Lay Assistant:</b>	Suzanne Roberts
<b>Readers:</b>	Dianne Dickinson and Andrew Dickinson
<b>Crucifer</b>	Kerra MacLeod
<b>Server</b>	Henry Varney
<b>Sidespeople</b>	Bert Standing's Team
<b>Altar Guild</b>	Isobel Attrell, Gerry Morris and Joyce Freckelton

## **PARISH INTERCESSIONS**

### **LET US PRAY FOR CHRIST'S HOLY CATHOLIC CHURCH:**

We pray for the Church in Maseno South in Kenya.

In our Diocesan Prayer Calendar we pray for St. Theodore, Taber and for their priest, The Rev. Wil Stonehill.

We pray for our companion Diocese, the Windward Isles.

### **WE PRAY FOR THOSE IN NEED OF GOD'S HEALING GIFTS:**

Doris Ford, The Rev. Mervin Wolfleg, The Rev. Canon John Flagler, Rev. Roger Kett and the Rev. Dr. Norman Knowles, Chyrine (COR-REEN) Thompson, Donald Sawatzky, Elizabeth Hardcastle, Elizabeth Finlayson, Margaret Baird, Willy, Darrell, Jim Watts, Eddie and Joan Norris, John Mallinson, Coralie Arthur, Larry Hewitt, Russell des Cognets, Terry and Edith Penelhum, Jean Spencer, Cathy King, Mandy Leet, Daphne Bennett, Sharon Crockett, Reta Lee, Cam Fahrner, Benjamin, Claire Flynn, Ed Yates, Neil McKenzie, Fran Wilshaw, Gwen Coupland, Karen K, Win Saunders, Cathie Morris, Linda Stevenson, Stan Wilson, Karen Norton and Joan Carter.

## UPCOMING AT ST. BARNABAS

### TODAY

Thursday, February 12

Friday, February 13

Sunday, February 15

**"In Between Times"** at 9:20 am in the Upper Hall.  
**Lunch** following the 10:15 am service, the **Annual Meeting follows lunch.**

Eucharist at 10 am followed by Bible Study  
**"Theology for all of us"** from 1:30 to 3 pm in the Undercroft room.

**Choir Practice** at 7:30 pm – everyone is welcome.

**Ultreya** (Cursillo) at 7:30 pm.

**Commissioning of Parish Officers at 8:30 and 10:15 am service.**

Eucharist: 8:30 am – Eucharist at 10:15 am

**Readings:** 2 Kings 5:1-14; 1 Corinthians 9:24-27,  
Mark 1:4--45

**Readers:** Isobel Attrell and David Dickinson

**The Trinity Women's Group** will be meeting on **Tuesday, February 10** at 7:30 pm in the Old Undercroft space (entrance off of 12th Street NW) for our monthly meeting. We are a group of women who meet for monthly meetings on the 2nd Tuesday of the month for fellowship, education and service and are always welcoming new members. Please call or speak with Purdy Mackenzie 403.284.3963 or Cathy Noullett 403.208.3170 if you have any questions.

**Confirmation classes this year will run from March 8th to April 5.** Confirmation classes will be held during church time, and will end shortly after our coffee time. Part of this year's program will include a Confirmation Camp. Confirmation Camp will be held at Camp Kuriakos from March 27th to 29th. The cost associated with this camp is \$80. For further details please contact Alethea (aleheap@gmail.com or 403-383-2885). We are also looking for a volunteer driver, with a van, to bring the confirmands to and from camp (which is in the Sylvan Lake area). If you are able to volunteer, please contact Alethea (aleheap@gmail.com or 403-383-2885).

**Midwinter Feast and Silent Auction:** This event will be held at St. Barnabas on **Saturday, February 21st, 2009 @ 6pm.** Tickets are available for purchase before and after Sunday services. The \$15 ticket includes appetizers, a full prime rib dinner and dessert. It will be a night of feasting, fun and fellowship. Auction items can be brought to the Church and dropped off in the Library. Should you have any questions please call Joe or Rebecca Jacobs @ 403-234-0262.

**From Suzanne Roberts** I am looking for servers and crucifers once again. Any one ages 8 and older interested in learning more about what we do please let me know; this is also open to adults. You can contact me at 403-452-4121, 403-827-7819 or [suzanne.roberts@shaw.ca](mailto:suzanne.roberts@shaw.ca)