



The Anglican Parish of
Saint Barnabas

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We warmly welcome all visitors this morning. If you are new to St. Barnabas or would like to participate more fully, please complete the yellow form on the back of the pews and put it on the collection plate.

SIXTH SUNDAY AFTER PENTECOST

August 9, 2009

8:30 a.m. Holy Eucharist

Book of Common Prayer pg. 67

Collect, Epistle and Gospel (*the readings are printed below*)

***Following the worship please join us for refreshments
in the Lower Hall.***

**The altar flowers are in loving memory of
Thelma Mills**

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**10:15 a.m. Holy Eucharist**

Liturgy from *The Book of Alternative Services (Grey Book)* pg. 7  
Hymns from Common Praise.

I am the living bread which came down from  
heaven, says the Lord; anyone who eats  
this bread will live forever.

*John 6:51*

**Processional Hymn No. 344**

“From All That Dwell Below the Skies” (Lasst Uns Erfreuen)

**Gathering of the Community:** pg 7

**Gloria:** pg. 8

**The Collect:** Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and forever.

**Proclamation of the Word:**

**1<sup>st</sup> Reading:** 2 Samuel 18:5-9

**Cathy Noulett**

<sup>5</sup>The king ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom. <sup>6</sup>So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. <sup>7</sup>The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. <sup>8</sup>The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. <sup>9</sup>Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on.

Reader: Hear what the spirit is saying to the Church.

**People: Thanks be to God**

**Psalm 130** Out of the depths I cry to you, O LORD. <sup>2</sup> Lord, hear my voice! Let your ears be attentive to the voice of my supplications! <sup>3</sup> If you, O LORD, should mark iniquities, Lord, who could stand? <sup>4</sup> But there is forgiveness with you, so that you may be revered. <sup>5</sup> I wait for the LORD, my soul waits, and in his word I hope; <sup>6</sup> my soul waits for the Lord more than those who watch for the morning, more than those who watch for the morning. <sup>7</sup> O Israel, hope in the LORD! For with the LORD there is steadfast love, and with him is great power to redeem. <sup>8</sup> It is he who will redeem Israel from all its iniquities.

**2<sup>nd</sup> Reading:** *Ephesians 4:25-5:2*

**Doug Noulett**

<sup>25</sup> So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. <sup>26</sup> Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup> and do not make room for the devil. <sup>28</sup> Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. <sup>29</sup> Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup> And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. <sup>31</sup> Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, <sup>32</sup> and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. <sup>NRS</sup> **Ephesians 5:1** Therefore be imitators of God, as beloved children, <sup>2</sup> and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Reader: Hear what the spirit is saying to the Church.

**People: Thanks be to God**

**Gradual Hymn No. 509**

"Precious Lord, Take My Hand"

(Precious Lord)

**Gospel: John 6:35, 41-51**

<sup>35</sup> Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. <sup>41</sup> Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." <sup>42</sup> They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" <sup>43</sup> Jesus answered them, "Do not complain among yourselves. <sup>44</sup> No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. <sup>45</sup> It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. <sup>46</sup> Not that anyone has seen the Father except the one who is from God; he has seen the Father. <sup>47</sup> Very truly, I tell you, whoever believes has eternal life. <sup>48</sup> I am the bread of life. <sup>49</sup> Your ancestors ate the manna in the wilderness, and they died. <sup>50</sup> This is the bread that comes down from heaven, so that one may eat of it and not die. <sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

**Homily:** The Rev. Jagdutt Singh

**Apostles' Creed:** pg 11

**The Prayers of the People:** pg 41

**Intercessions: Let us Pray For Christ's Holy Catholic Church:**

In our Diocesan Prayer Calendar we pray for the parish of St. Peter, Calgary, The Ven. Richard LeSueur, The Rev. Helen Belcher, and The Rev. Maurice Buck

**We pray for our companion Diocese of the Windward Isles:**

Cathedral Church of St. George (Parish of St. George and St. Andrew) with Transfiguration, The Ascension and Holy Redeemer, The Very Rev. Patrick McIntosh

**We Pray for those in need of God's Healing Gifts:**

Doris Ford, The Rev. Mervin Wolfleg, The Rev. Canon John Flagler, The Rev. Roger Kett, The Rev. Dr. Norman Knowles, Chyrine (COR-REEN) Thompson, Donald Sawatsky, Elizabeth Hardcastle, Elizabeth Finlayson, Margaret Baird, Willy, Darrell, Jim Watts, Eddie & Joan Norris, John Mallinson, Larry Hewitt, Russell des Cognets, Jean Spencer, Cathy King, Daphne Bennett, Reta Lee, Benjamin, Claire Flynn, Gwen Coupland, Karen K., Cathie Morris, Linda Stevenson, Karen Norton, Win Saunders, Lisa Allison, Kay Robertson, Danping Lee, Howard Patterson, Carl & Donna McAllister, Fay Milne, Neil McKenzie, Trevor Warwick, Edith Martel, The Rev. Robert Greene, Michele Mallinson, Esther Burgess, Walter Partridge, Lyn Innes, Violet Smith, Fred Belcourt, Don Freckelton, Sally, and Kavita

**We give thanks to God for the life of** Ruth Peters & Paul Becklake and we pray for God's peace upon the Peters & Becklake families.

**We give thanks to God for the life of** Robert G. Meadows whose ashes will be interred today in the Memorial Garden and pray for God's peace upon the Meadows family.

**Confession and Absolution:** pg 13

**Offertory Hymn No. 645**

“Come Down, O Love Divine (Down Apney)

**Prayer over the Gifts:** Father, receive all we offer you this day, and grant that in this eucharist we may be enriched by the gifts of the Spirit. We ask this in the name of Jesus Christ our Lord.

**Thanksgiving and Consecration:** Supplementary Eucharistic Prayer #1 pg.15

**The Lord’s Prayer:** #2 pg. 23

**The Breaking of the Bread:** #2 pg. 24

**Prayer After Communion:** Eternal God, grant to your Church the unity and peace that we have tasted in this eucharist, the fruit of your life-giving Spirit. We ask this in the name of Jesus Christ the Lord.

**Doxology:** pg. 26

**The Blessing**

**Announcements**

**Recessional Hymn No. 403**

“Let All Things Now Living” (The Ash Grove)

### **Liturgical Ministers**

**Presiding:** The Rev. Jagdutt Singh  
**Organist:** Trevor Bennett  
St. Barnabas Choir  
**Sunday School Coord.:** Alethea Power  
**Lay Assistant:** David James  
**Readers:** Doug & Cathy Noulett  
**Crucifer & Server:** Matthew Jones & Terri Collyer  
**Sidespeople:** Jenny James’ Team  
**Altar Guild:** Marian Standring, Susan Marasco, and Lyn Innes

### **UPCOMING AT ST. BARNABAS**

Sunday, August 16 Eucharist: 8:30 am – Eucharist 10:15 am

**Readings:** 1 Kings 2:10-12, 3:3-14, Psalm 111, Ephesians 5:15-20, John 6:51-58

**Readers:** Purdy Mackenzie & John Myles

## ANNOUNCEMENTS

### **EXCERPT FROM A LETTER FROM THE BISHOP DEREK B. HOSKIN**

#### **RE: H1N1 PRECAUTIONS (full letter can be read in the library):**

*“Loving your Neighbour as you love yourself: Responding to H1N1”*

When the Synod of the Province of Rupert’s Land met in Calgary in June a Motion was passed expressing concern for the communities affected by the current flu pandemic. I am sure that you are aware of this concern and are remembering our brothers and sisters in Christ in the Prayers of the People each time you gather to express your love for the Lord our God.

However I am writing to you at this time to bring to your attention steps which you can take to physically protect yourself and all who come to our church buildings for worship and fellowship. To undertake these simple acts will be an expression of your love for your neighbour even as you love yourself.

1. Hand-washing: There should be signage with clear instructions in church washrooms and kitchens instructing people to wash their hands with soap and hot water. Kitchen users should develop the habit of first washing their hands before they begin handling food and beverage. Altar Guild members should wash their hands before they begin the work of preparing the altar. Is there soap, water, and paper towels available in these areas in the church building?

2. Hand-cleanser: Our churches and halls are open to the Public. Making an antiseptic hand-sanitizer available at the entrances to the building, washrooms, meeting rooms with a Sign asking people to make use of it is a positive preventive act.

3. Distributing Holy Communion: Everyone who will be touching the bread and wine in the preparation of the altar during the service and in the distribution of the consecrated elements should use a hand-sanitizer immediately prior to assisting with the preparation and distribution.

4. Receiving Holy Communion: It is recommended that hand-sanitizer be available for people to use as they come forward to receive Holy Communion.

**Intinction (dipping the bread into the chalice) is not to be practiced.** In concert with other dioceses intinction is no longer an acceptable practice in the Diocese of Calgary since it is a significant health hazard. Research, though limited, has indicated the use of the common cup generally poses less risk of transferring bacteria than the practice of intinction.

If a person is concerned about receiving the common cup they are to be assured that communion in one kind, receiving the bread only, is an acceptable tradition within the Anglican Church. They could be instructed to simply touch the base of the chalice as the words of administration are said.

The use of a silver chalice, wine with an alcohol content of at least 12% or higher, and a clean purificator provide some protection to the less virulent bacteria that are constantly with us; however, H1N1 is an uncommon strain and therefore extra precautions must be taken.

God be with you,

+Derek  
The Rt. Rev. Derek Hoskin  
Bishop of Calgary

**THANK YOU:** A special note of thanks to the Parish for providing 2 cakes and anniversary wishes in celebration of our 34<sup>th</sup> wedding anniversary. It was a blessing to be able to share our anniversary with you. ~ Jagdutt & Moni Singh ~

**HARVEST DINNER:** The Parish is hosting a Roast Beef Harvest Dinner on Sunday, September 27<sup>th</sup>. The evening will begin with Evensong at 4:30 p.m. followed by dinner and door prizes. Tickets are \$12.00 for adults and \$5.00 for children 12 and under.

**ATTENTION ALL JUNIOR/SENIOR HIGH YOUTH:** Youth Group Summer Activities!! The Youth Group will be getting together for fun and fellowship a few times over the summer, following the 10:15 service. We encourage you to bring a friend! The schedule is as follows:

**August 16th** - Life's a Zoo. Join us for a trip to the Calgary Zoo. See the wonders of God's creation. Cost: \$5

**August 30th** - Mall Scavenger Hunt. Crazy photos, and a quest!! Cost: \$3 (you'll see why!!)  
For planning and transportation purposes, please RSVP to Alethea by the Thursday before the event. Email: aletheap@gmail.com  
Phone: 403-383-2885

**CANADIAN TIRE MONEY:** A reminder that we are still collecting Canadian Tire money for the Calgary Pregnancy Care Centre. A collection box is in the Narthex or you can drop off at the church office through the week. The Pregnancy Care Centre is very grateful for these donations.

**CALGARY PREGNANCY CARE CENTRE BABY BOTTLE CAMPAIGN:**  
We will be collecting "spare change" through the summer for the

Pregnancy Care Centre. Please pick up a baby bottle in the Narthex. Take it home and fill it with your "spare change" over the summer. We'll collect the bottles at the end of August and donate the money raised to the Pregnancy Care Centre. Thank you for your support.